

Revised CGHS Rates and Guidelines for reimbursement/ settlement of Siddha treatment expenditure claims under CGHS.

1. List of diseases/disease conditions needing hospitalization of the patients, indicative therapies and likely duration of hospitalization-

| Sl. No | Disease | Condition needing hospitalization | Indicated therapies required as per the condition of patient | Likely duration of hospitalization |
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| 1 | 2 | 3 | 4 | 5 |
| 1. | Iraippu, Swasa Kasam, Kaba noigal etc., (Restrictive Obstructive Pulmonary Diseases, Bronchial Asthma and other respiratory disorders) | <ul style="list-style-type: none"> • Difficulty in Breathing • Cough • Fever • Head ache | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Nasiyam Nasigaparanam Ottradam Pasai Pugai Poochu Ennai Poochu Ennai Kattu Patru Pottanam Varthi – Thiri Vedhu Peechu Suttigai Asanam Pranayamam Varmam application | 3- 28 Days |
| 2 | Sagana Vaatham (Cervical Spondylosis, Cervical Spondylitis, | <ul style="list-style-type: none"> • Persisting or radiating pain in cervical region • Restricted neck | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai | 7- 28 Days |

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| | Ankylosing Spondylitis of Cervical Spine, Cervical Disc Prolapse) | movements • Tenderness • Numbness • Vertigo | paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam | |
| 3 | Thandaga Vaatham, Peraasana Narambu Thaabitham (Lumbar Spondylosis, Sciatica, Low Back Pain, I.V.D.P, Spondylolsthesis) | • Persistent or radiating back pain • Restricted movements of low back/ hip region • Tenderness • Burning sensation | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam | 7- 28 Days |

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| | | | Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam | |
| 4 | Keel Vaayu Kumba Vaatham (Arthritis, Frozen Shoulder, Periarthritis, Tendinitis, Brachial Neuralgia) | <ul style="list-style-type: none"> • Radiating or local pain in shoulder region • Restricted shoulder movements • Tenderness • Numbness • Muscle wasting | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu | 7-28 Days |

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| | | | Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam | |
| 5 | Pakka Vatham, Patcha Vaatham (Paralysis, Monoplegia Hemiplegia, hemiparesis) | <ul style="list-style-type: none"> • Weakness of one side of the body • Stiffness of muscles • Muscle weakness • Numbness • Pain • Tremor • Difficulty in speech | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu | 14 – 35 Days |

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| | | | Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam | |
| 6 | Paanikkamba vaatham, Sirakamba vaatham | <ul style="list-style-type: none"> • Tremor • Stiffness of muscles • Muscle weakness • Difficulty in walking • Sluttering movements • Difficulty in speech | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam | 14- 28 Days |

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| | | | <p>Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam</p> | |
| 7 | <p>Arpudtha Vaatham, Muga Vaatham (Facial Paralysis)</p> | <ul style="list-style-type: none"> • Weakness of facial muscles • Drooping of eye lids • Numbness of facial muscles • Salivation | <p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Otradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application</p> | 7- 21 Days |

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| | | | Asanam | |
| 8 | Uthira Vaatha Suronitham, Paithaya Vatha Suronitham Vali Azhal Keelvayu (Gout Arthritis SLE, Rheumatoid Arthritis), | <ul style="list-style-type: none"> • Joint pain • Swelling • Tenderness • Deformity • Burning sensation • Discolouration of skin • Palpable cutaneous nodules • Migrating arthritis | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam | 14-28 Days |
| 9 | Vali Keelvayu (Rheumatic Fever & Arthritis) | <ul style="list-style-type: none"> • Pain and swelling in the joint • Immobility • Fever | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai | 14-28 Days |

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| | | <ul style="list-style-type: none"> • low back Pain • Fleeting arthritis | <p>paduthal</p> <p>Thokkanam</p> <p>Ennai Kizhi</p> <p>Ennai Kattu</p> <p>Ennai Poochu</p> <p>Nasiyam</p> <p>Podi Kizhi</p> <p>Illai Kizhi</p> <p>Manar Kizhi</p> <p>Dhaniya Kizhi</p> <p>Poochu</p> <p>Patru</p> <p>Pottanam</p> <p>Pasai</p> <p>Peechu</p> <p>Kattu</p> <p>Kali</p> <p>Suttigai</p> <p>Attai Vidal</p> <p>Ottradam</p> <p>Varthi / Thiri</p> <p>Vedhu</p> <p>Thuvalai</p> <p>Pranayamam</p> <p>Varmam application</p> <p>Asanam</p> | |
| 10 | <p>Sarvanga Vatham, Mutrudal vatham (Cerebral and Cerebellar atrophy, Neurological Disorders, Fibromyalgia)</p> | <ul style="list-style-type: none"> • Generalized body pain • Stiffness • Numbness • Weakness • Feeling of coldness | <p>Ennai Kuzhiyal</p> <p>Kalichal</p> <p>Vaanthi / Kutram</p> <p>thannilai paduthal</p> <p>Thokkanam</p> <p>Ennai Kizhi</p> <p>Ennai Kattu</p> <p>Ennai Poochu</p> | <p>14-28 Days</p> |

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| | | | <p>Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam</p> | |
| 11 | <p>Azhal Keelvayu (Degenerative Joint disorders Tennis Elbow, Kuthi Kaal Vaatham (Calcaneal Spur)</p> | <ul style="list-style-type: none"> • Joint pain • Restricted joint movements • Stiffness • Crepitus • Difficulty in walking • Difficulty in squatting | <p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi</p> | 14-28 Days |

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| | | | <p>Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam</p> | |
| 12 | <p>Thol Noikal, Kalanjaga Padai, Karappan, Pathinen Vagai Kuttam (18 Types Kuttam - Skin Diseases), (Lichen Planus, Psoriasis, Eczema)</p> | <ul style="list-style-type: none"> • Discolouration of skin • Patches • Itching • Scaling • Oozing • Peeling • Burning sensation • Numbness • Rashes | <p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Dhaniya Kizhi Ennai Poochu Kaaram Kalimbu Kali Kattu Kuruthi Vaangal Kalikkam Neer Pugai Poochu Patru Pasai Patti Kattal</p> | 8-28 Days |

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| | | | Seelai Podi Attai vidal Peechu Nasiyam Suttigai Varthi Vedhu Aruvai Asanam Pranayamam Varmam application | |
| 13 | Pun, Katti, Koppulam, Kiranthi, Pilavai (Cellulitis, Necrotising Cellulitis, Erysipelas, Impetigo, Pemphiguos Vulgaris, Carbungle etc.,) | <ul style="list-style-type: none"> • Ulcer • Rashes • Blisters • Itching • Oozing • Burning sensation • Pain • Suppuration | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Dhaniya Kizhi Ennai Poochu Kaaram Kalimbu Kali Kattu Kuruthi Vaangal Kalikkam Neer Pugai Poochu Patru Pasai Patti Kattal Seelai Podi Attai vidal Peechu Nasiyam | 7- 28 Days |

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| | | | Suttigai Varthi Vedhu Aruvai Asanam Pranayamam Varmam application | |
| 14 | Moolam, Pouthiram, Asana Vaai Vedippu, Katti, Adithallal (Haemorrhoids, Fistula In Ano, Fissure In Ano, Perianal abscess, Rectal prolapse etc.,) | <ul style="list-style-type: none"> • Constipation • Pain in anal region • Itching around anus • Burning sensation • Prolapse of mass from anus • Bleeding from anus • Pus from anus | Ennai Kuzhiyal Kalichal Vaanathi / Kutram thannilai paduthal Kuruthi Vaangal Keeral Kaaram Kalikkam Kalimbu Kaara Nool Sikitchai Podi Patru Peechu Pasai Pugai Salaagai Attai Vidal Vedhu Varthi/Thiri Suttigai Seelai Aruvai Kali Asanam Pranayamam Varmam application | 7- 14 Days |
| 15 | Vindhanu | <ul style="list-style-type: none"> • Fertility disorders (Male) | Ennai Kuzhiyal | 14-48 |

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| | Kuraipaadu, Malattu Thanmai (Male Reproductive Disorders) | <ul style="list-style-type: none"> • Oligospermia • Asthinospermia • Teratozoospermia • Azoospermia • Erectile dysfunction • Spermatorrhoea | Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Kali Kattu Pattru Pottanam Ottradam Attai vidal Dhaniya Kizhi Poochu Asanam Pranayamam Varmam application | Days |
| 16 | Karuppai Noikal, Soothaga Kattu, Soothaga Vali, Sinaippai Neer Katty, Athi Uthirapokku (Amenorrhoea, Dysmenorrhoea, Anovulatory, PCOD / PCOS, D.U.B, Menopausal Disorders) | <ul style="list-style-type: none"> • Irregular menstruation • Painful menstruation • Excessive menstruation • Excessive Vaginal discharge. • Uterine prolapse | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Kali Kattu Pattru Pottanam Ottradam Attai vidal Dhaniya Kizhi Poochu Asanam Pranayamam Varmam application | 14- 48 Days |
| 17 | Thasai Vaatham (Muscular Dystrophy) | <ul style="list-style-type: none"> • Weakness of muscles • Muscle wasting • Muscular hypertrophy • Difficulty in | Ennai Kuzhiyal Kalichal / Vamanam / Aamum Neekal Ennai Poochu | 14-48 Days |

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| | | movements | Ennai Kattu Patru Poochu Pasai Kali Ottradam Pottanam Podithimirthal Varmam application | |
| 18 | Kan Noigal (Refractive Errors, Amblyopia, Chronic Allergic & Inflammatory Diseases, Chronic Conjunctivitis, Dry Eye Syndrom, Retinitis Pigmentosa, Night Blindness, Dacrocystitis, A.R.M.D, Retinopathy-Diabetic/ Hypertensive) | <ul style="list-style-type: none"> • Diminished vision • Photophobia • Dyplopia • Watering of eyes • Pus formation in eyes • Itching of eyes • Strain & pain in eyes • Restricted field of vision • Headache • Conjunctivitis • Styte | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kattu Mai Kalikkam Poochu Neer Salaagai Peechu Ottradam Thokkanam Pranayamam Asanam Varma Thadaval Vedhu | 7- 28 Days |
| 19 | Soorya vartham, Chandra vartham, Thalaivali (Migraine, idiopathic Headache) | <ul style="list-style-type: none"> • Severe headache • Heaviness of head • Nausea • Photophobia | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam | 7- 21 Days |

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| | | | <p>Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Pattru Thiri Pugai Sira Thokkanam Suttigai Attaival Varma Thadavul Pranyamam Asanam Varmam application</p> | |
| 20 | <p>Enbu Murivu / Mootu nazhuval / (Fracture/ Dislocation / Ligament injuries)</p> | <ul style="list-style-type: none"> • Difficulty in movements / walking • Fracture • Dislocation of bone/ cartilage/ vertebrae • Pain • Swelling • Restricted or painful movements of associated area/ nearby muscles | <p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kattu Kombu Kattal Kalimbu Poochu Poochu Ottadam Pottanam Pasai Murichal Thokkanam Asanam Pranayamam Varmam application</p> | 7-21 Days |
| 21 | <p>Vayiru / Kudal Noigal / Gunmam,</p> | <ul style="list-style-type: none"> • Abdominal pain and discomfort • Flatulence | <p>Ennai Kuzhiyal Kalichal / Vaanthi /</p> | 14- 28 Days |

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| | Soolai, Peruvayiru, Vikkal, Kazhichal (Gastro intestinal disorders) | <ul style="list-style-type: none"> • Constipation / Diarrhoea • Nausea / Vomiting • Digestive disorders • Fever | Kutram thannilai paduthal Poochu Ottradam Pottanam Patru Peechu Attai vidal Thokkanam Asanam Pranayamam Varmam application | |
| 22 | Kalleral / Manneeral / Kanaya Noigal (Liver, Spleen & Pancreatic diseases) | <ul style="list-style-type: none"> • Nausea / Vomiting • Flatulence • Constipation / Diarrhoea • Indigestion • Abdominal pain and discomfort • Dyspnea • Anaemia • Jaundice • Liver and Speen enlargement. • Madhumegam | Ennai Kuzhiyal Kalichal / Vamanam / Kutram thannilai paduthal Poochu Ottradam Pottanam Pasai Thokkanam Kali Patru Peechu Attail vidal Suttigai Asanam Pranayamam Varmam application | 14- 28 Days |
| 23 | Siruneeraga Noigal (Kidney disorders, Chronic renal failure, Renal calculi, UTI etc) | <ul style="list-style-type: none"> • Dysruia • Anuria • Oliguria • Urinary obstruction • Renal colic • Haematuria • Pyuria | Ennai Kuzhiyal Kalichal / Vamanam / Kutram thannilai paduthal Poochu | 14- 28 Days |

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| | | | <p>Ottradam Pottanam Pasai Thokkanam Kali Patru Peechu Attail vidal Suttigai Seelai Asanam Pranayamam Varmam application</p> | |
| 24 | <p>Thottra noigal (Non communicable disorders such as Diabetes, Hypertension, Cardivascular disorders, Obesity, Cancer etc.,)</p> | <ul style="list-style-type: none"> • Hyperglycaemic • Hypercholesterolemia • Diabetic ulcer • Giddiness • Neruopathy • Weakness • Nephropathy • Weight gain / loss • Depression • Pain | <p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Patru Thiri Pugai Sira Thokkanam Suttigai Attaivaldal</p> | <p>14- 48 Days</p> |

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| | | | Varma Thadavul Pranyamam Asanam Varmam application | |
| 25 | Mudhiyor noigal (Geriatrics / Nadukku vatham, Marathi noigal, Alzemier's disease, Sleep disorders, Depression) | <ul style="list-style-type: none"> • Generalised debility • Degenerative disorders • Osteopenia & Osteoporosis • Generalised body pain • Neuropathy • Tremour • Memory loss • Sleep disorders | Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Pochu Ennai Pochu Pattru Thiri Pugai Sira Thokkanam Suttigai Attaivaldal Varma Thadavul Pranyamam Asanam Varmam application | 14- 48 Days |
| 26 | Kuzhanthai Noigal (Paediatric diseases such as Sirakamba vatham, Thasai vatham, Valippu, | <ul style="list-style-type: none"> • Cerebral palsy • Infantile paralysis • Myopathy • Mental retardation • Nutritional disorders • Seizures | Ennai Kuzhiyal Kalichal / Vamanam / Aamum Neekal Ennai Pochu Ennai Kattu | 14- 48 Days |

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| | Autism) | | Pattru Poochu Pasai Kali Ottradam Pottanam Podithimirthal Varmam application | |
| 27 | Mana noigal / Narambu Noigal) (Psychiatric disorders / Depression / Valippu, Sleep disorders, Nadukku vatham etc) | <ul style="list-style-type: none"> • Mood disorders • Sleep disorders • Tremour • Difficulty in movements • Psychiatric symptoms | Ennai Kuzhiyal Kalichal / Vaanathi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Pattru Thiri Pugai Sira Thokkanam Suttigai Attaivaldal Varma Thadavul Pranyamam Asanam Varmam application | 14- 48 Days |